



Dr. Shraddha's
PCOS & Cosmetic Gyne Clinic

PCOS & Cosmetic Gyne

Art OF FEMININE
REJUVENATION

RECos
GYNE MASTERCOURSE 



MASTERCOURSE IN FUNCTIONAL,
AESTHETIC & REGENERATIVE GYNECOLOGY

A Comprehensive Hands-On Training in Cosmetic Gynecology.



drshraddhacosclinic.in



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Dates

16th, 17th & 18th January 2026

Venue

PCOSmetic Gyne Clinic,
19 Mahaveer Nagar A,
Patrakar Colony Road,
Prithviraj Nagar, Mansarovar,
Jaipur, Rajasthan-302020



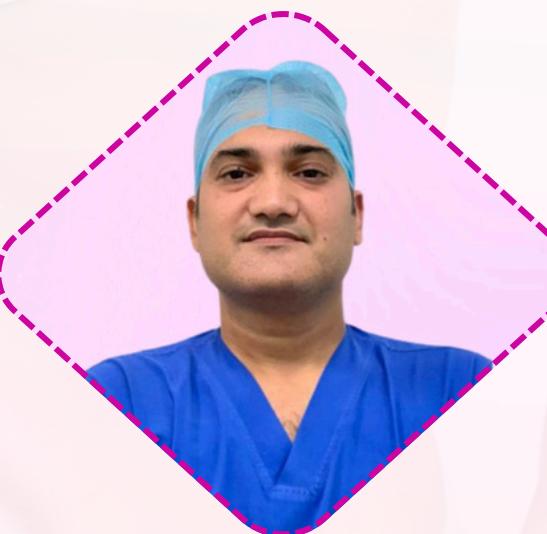
COURSE TRAINERS



DR. SHRADDHA GOEL

MS DNB, FICOG

SR. COSMETIC GYNECOLOGIST
LAPAROSCOPIC SURGEON
INFERTILITY SPECIALIST



DR. SOURABH RAWAT

MS MCH

SR. PLASTIC & COSMETIC SURGEON
RECONSTRUCTIVE SURGEON
HAIR TRANSPLANT SURGEON

WELCOME NOTE

We are delighted to welcome you to the 3 Day Mastercourse in Functional, Aesthetic & Regenerative Gynecology. This 3-day program is designed to integrate evidence-based knowledge with practical expertise in aesthetic and functional gynecology. We aim to provide

- ample hands-on exposure on cutting-edge technologies.
- innovative techniques for comprehensive learning and real-world applications.
- Helping you master the art of aesthetic excellence in women's wellness

We hope this workshop enhances your clinical practice and helps you deliver the best outcomes for your patients.

- Dr. Shraddha Goel



DAY 01

16TH JANUARY 2026

09:00–09:30 AM
Overview of Cosmetic Gynecology & Setting up Cosmetic Gyne Clinic

09:30–10:00 AM
Applied Anatomy and Physiology of Female Genitalia

10:00–10:30 AM
Physics of Energy Based Devices

10:30–11:00 AM
Practical Insights of Energy Based Devices

11:00–11:15 AM
Tea Time

11:15–11:45 AM
Female Sexual Dysfunction

11:45 AM–12:15 PM
Guest Lecture By Dr. Arvinder Singh
Medical Ethics & Consent in view of Aesthetic Gynecology

12:15–12:45 PM
Latest Regenerative Based Management of SUI

12:45–01:00 PM
Free Questions

01:00–02:00 PM
Lunch

02:00–05:00 PM
Hands on Cases and Learning the working of

- **Co2 laser**
- **RF**
- **HIFU**
- **HIFEM**

Vulval lift	Vaginal tightening	Acne scars
Scar Revision	SUI	Mole Excision/Wart Excision
Pigmentation	GSM	Stretch marks

- **Botox for Vaginismus**
- **Hydrafacial**



DAY 02

17TH JANUARY 2026

09:00–09:30 AM

Labiaplasty by Wedge Excision

09:30–10:00 AM

Labiaplasty by Edge Excision + Clitoral Hood Reduction

10:00–10:30 AM

Hymenoplasty

10:30–11:00 AM

Guest Lecture By Dr.Ameesha Mahajan

Laser Hair Reduction & Peels for the Bikini Zone

11:00–11:30 AM

Comprehensive Approach of Vaginal Rejuvenation

11:30–11:45 AM

Tea Time

11:45–01:00 PM

Live Case: Hymenoplasty

01:00–02:00 PM

Lunch

02:00–03:00 PM

Hands on Cases and learning Working of

- Laser Hair Reduction by Diode Laser
- Genitalia Peeling

03:00–04:00 PM

Live case: Labiaplasty & Clitoral Hood Reduction

04:00–05:00 PM

Live Case:Perineoplasty

DAY 03

18TH JANUARY 2026



09:00–9:30 AM

Application of Fatgrafting/ types of Fat

09:30–10:00 AM

Application of Platelet Rich Plasma/Platelet Rich Fibrin/ Exosomes

10:00–11:00 AM

Live case: Surgical Vaginal Tightening

11:00–11:15 AM

Tea Break

11:15–12:30 PM

Hands on Cases

- Fat Harvest
- Nano/Micro Fat Preparation
- Fat Grafting in Vaginal Rejuvenation
- Fat Grafting in Labia Majora Augmentation
- Fat Grafting in SUI
- Fat Grafting in Acne Scars
- Fat Grafting in Genitourinary of Syndrome of Menopause

12:30–01:00 PM

Learning PRP Preparation

01:00–02:30 PM

Hands on live Cases of PRP

- Vampire Facial
- Genitalia lightening
- Gshot/ O shot
- Acne Scars
- SUI
- Genitourinary Syndrome of Menopause
- Vaginal Rejuvenation
- Cervical Ectopy
- Recurrent Cervicitis

02:30–03:00 PM

Lunch

03:00–04:00 PM

Certification Ceremony



KEY LEARNING OUTCOMES

Understand applied anatomy and physiology of female genitalia.

Perform hands-on aesthetic, functional & regenerative gynecology procedures. Gain Proficiency with female genitalia cosmetic surgery and Noninvasive functional gynecology procedures.

Understand How to set up Cosmetic Gynecology Practice with lifelong mentorship and support.

Learn case-based approaches and patient-specific solutions.

Develop confidence to integrate new techniques in clinical practice.

COURSE TRAINERS



DR. SHRADDHA GOEL

SENIOR CONSULTANT
COSMETIC GYNECOLOGIST



DR. SOURABH RAWAT

SENIOR CONSULTANT
PLASTIC & COSMETIC SURGEON

CERTIFICATION & ACKNOWLEDGMENT

All participants will receive a **Certificate of Completion** for successfully attending the 3-day Mastercourse in Functional, Aesthetic and Regenerative Gynecology.