



**Dr. Shraddha's**  
**PCOSmetic Gyne Clinic**  
PCOS & Cosmetic Gyne

*Art* OF FEMININE  
REJUVENATION

**ReCos**  
**GYNE** **MASTERCOURSE**



**MASTERCOURSE IN FUNCTIONAL,  
AESTHETIC & REGENERATIVE GYNECOLOGY**

A Comprehensive Hands-On Training in Cosmetic Gynecology.



[drshraddhapcosclinic.in](http://drshraddhapcosclinic.in)



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## Dates

16<sup>th</sup>, 17<sup>th</sup> & 18<sup>th</sup> January 2026

## Venue

PCOSmetic Gyne Clinic,  
19 Mahaveer Nagar A,  
Patrakar Colony Road,  
Prithviraj Nagar, Mansarovar,  
Jaipur, Rajasthan-302020





**Dr. Shraddha's**  
**PCOSmet Gynecology Clinic**  
PCOS & Cosmetic Gyne

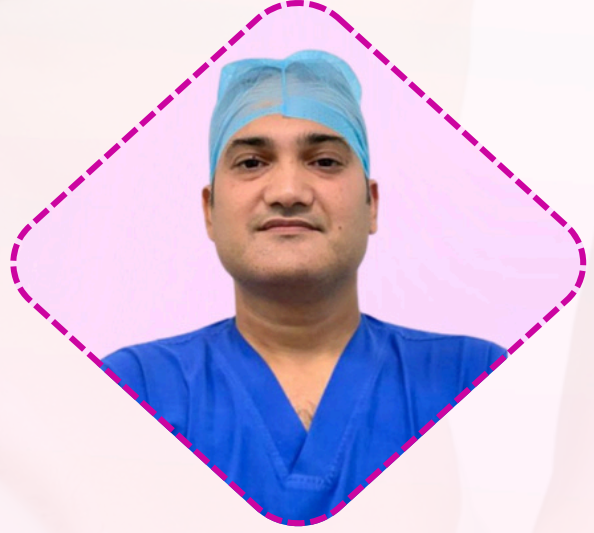
# COURSE TRAINERS



**DR. SHRADDHA GOEL**

**MS DNB, FICOG**

SR. COSMETIC GYNECOLOGIST  
LAPAROSCOPIC SURGEON  
INFERTILITY SPECIALIST



**DR. SOURABH RAWAT**

**MS MCH**

SR. PLASTIC & COSMETIC SURGEON  
RECONSTRUCTIVE SURGEON  
HAIR TRANSPLANT SURGEON

# WELCOME NOTE

We are delighted to welcome you to the 3 Day Mastercourse in Functional, Aesthetic & Regenerative Gynecology. This 3-day program is designed to integrate evidence-based knowledge with practical expertise in aesthetic and functional gynecology. We aim to provide

- ample hands-on exposure on cutting-edge technologies.
- innovative techniques for comprehensive learning and real-world applications.
- Helping you master the art of aesthetic excellence in women's wellness

We hope this workshop enhances your clinical practice and helps you deliver the best outcomes for your patients.

**- Dr. Shraddha Goel**

DAY 01  
16<sup>TH</sup> JANUARY 2026



09:00–09:30 AM

Overview of Cosmetic Gynecology & Setting up Cosmetic Gyne Clinic

09:30–10:00 AM

Applied Anatomy and Physiology of Female Genitalia

10:00–10:30 AM

Physics of Energy Based Devices

10:30–11:00 AM

Practical Insights of Energy Based Devices

11:00–11:15 AM

Tea Time

11:15–11:45 AM

Female Sexual Dysfunction

11:45 AM–12:15 PM

Guest Lecture By Dr. Arvinder Singh

Medical Ethics & Consent in view of Aesthetic Gynecology

12:15–12:45 PM

Latest Regenerative Based Management of SUI

12:45–01:00 PM

Free Questions

01:00–02:00 PM

Lunch

02:00–05:00 PM

Hands on Cases and Learning the working of

- **Co2 laser**
  - Vulval lift
  - Scar Revision
  - Pigmentation
- **RF**
  - Vaginal tightening
  - SUI
  - GSM
- **HIFU**
  - Acne cars
  - Mole Excision/Wart Excision
  - Stretch marks
- **HIFEM**
- **Botox for Vaginismus**
- **Hydrafacial**





**09:00–09:30 AM**

Labiaplasty by Wedge Excision

**09:30–10:00 AM**

Labiaplasty by Edge Excision + Clitoral Hood Reduction

**10:00–10:30 AM**

Hymenoplasty

**10:30–11:00 AM**

Guest Lecture By Dr.Ameesha Mahajan

Laser Hair Reduction & Peels for the Bikini Zone

**11:00–11:30 AM**

Comprehensive Approach of Vaginal Rejuvenation

**11:30–11:45 AM**

Tea Time

**11:45–01:00 PM**

Live Case: Hymenoplasty

**01:00–02:00 PM**

Lunch

**02:00–03:00 PM**

Hands on Cases and learning Working of

- Laser Hair Reduction by Diode Laser
- Genitalia Peeling

**03:00–04:00 PM**

Live case: Labiaplasty & Clitoral Hood Reduction

**04:00–05:00 PM**

Live Case:Perineoplasty

**DAY02**  
**17<sup>TH</sup> JANUARY 2026**

DAY03

18<sup>TH</sup> JANUARY 2026



09:00–9:30 AM

Application of Fatgrafting/ types of Fat

09:30–10:00 AM

Application of Platelet Rich Plasma/Platelet Rich Fibrin/ Exosomes

10:00–11:00 AM

Live case: Surgical Vaginal Tightening

11:00–11:15 AM

Tea Break

11:15–12:30 PM

Hands on Cases

- Fat Harvest
- Nano/Micro Fat Preparation
- Fat Grafting in Vaginal Rejuvenation
- Fat Grafting in Labia Majora Augmentation
- Fat Grafting in SUI
- Fat Grafting in Acne Scars
- Fat Grafting in Genitourinary of Syndrome of Menopause

12:30–01:00 PM

Learning PRP Preparation

01:00–02:30 PM

Hands on live Cases of PRP

- Vampire Facial
- Genitalia lightening
- Gshot/ O shot
- Acne Scars
- SUI
- Genitourinary Syndrome of Menopause
- Vaginal Rejuvenation
- Cervical Ectopy
- Recurrent Cervicitis

02:30–03:00 PM

Lunch

03:00–04:00 PM

Certification Ceremony



# KEY LEARNING OUTCOMES

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- Understand applied anatomy and physiology of female genitalia.
- Perform hands-on aesthetic, functional & regenerative gynecology procedures. Gain Proficiency with female genitalia cosmetic surgery and Noninvasive functional gynecology procedures.
- Understand How to set up Cosmetic Gynecology Practice with lifelong mentorship and support.
- Learn case-based approaches and patient-specific solutions.
- Develop confidence to integrate new techniques in clinical practice.



## COURSE TRAINERS

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**DR. SHRADDHA GOEL**

SENIOR CONSULTANT  
COSMETIC GYNECOLOGIST

**DR. SOURABH RAWAT**

SENIOR CONSULTANT  
PLASTIC & COSMETIC SURGEON

# CERTIFICATION & ACKNOWLEDGMENT

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All participants will receive a **Certificate of Completion** for successfully attending the 3-day Mastercourse in Functional, Aesthetic and Regenerative Gynecology.